

The Lean Kōhai: Meditations for Strategy, Practice, and

**Balance in Living Change Management** 

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The book consists of 76 statements on various issues and practices encountered by process improvement/operational excellence (PI-OpEx) practitioners, managers, and leaders. Many of the issues are also encountered by those outside of PI-OpEx as they are leadership-focused. There is also an instructions page encouraging readers to write and journal in the book.

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## **About the Author**

Don Arp, Jr., Ph.D. has held several leadership roles including as a founder and deputy director for a state-level process improvement center and as a deputy director in a social services agency. Don has served as a cabinet member in the administration of a former governor of Nebraska and is currently an executive director in the public sector.